

# مؤتمر الرابطة العمانية للروماتيزم 2026

# Oman Society of Rheumatology Conference 2026

Thursday-Saturday

**17–19 December 2026**

Muscat, Oman

# SCIENTIFIC PROGRAM

# مؤتمر الرابطة العمانية للروماتيزم
# Oman Society of Rheumatology Conference 2026

**Thursday-Saturday**
**17–19 December 2026**
Muscat, Oman

## DAY 1 | Thursday | 17 December 2026

**Parallel Workshops**

| | | | |
|---|---|---|---|
| 14:00 | Registration | | |
| 16:00 – 18:30 | **Workshop 1** | **Workshop 2** | **Workshop 3** |
| | **Rheumatology Emergency & Crystal Arthropathy** | **Artificial Intelligence in Rheumatology** | **Rheumatology for Nurses** |
| | Dr. Ahmed Al Maqbali, Oman<br>Dr. Humaid Al Wahshi, Oman<br>Dr. Razan Al Yaarubi, Oman | Dr. Adhari Al Zaabi, Oman | Dr. Khoula Al Maqbali, Oman |
| 18:30 – 19:00 | Coffee Break | | |
| 19:00 – 19:30 | Opening Ceremony | | |
| 19:30 – 20:30 | **Keynote Lecture:** Bridging the Gap: The Journey from Immunological Insight to Rheumatological Care | | Prof. Fayhan Al Roqi, KSA |
| 20:30 – 21:30 | Industry Symposium | | |
| 21:30 | Gala Dinner and Networking Reception | | |

**End of Day 1**

Disclaimer: Agenda as of 22 October 2026, subject to potential modifications without prior notification.

DAY 2 | Friday | 18 December 2026

Parallel Session

# Adult Rheumatology

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|---|---|---|
| 08:00 – 16:40 | Registration | |
| 08:25 – 08:30 | Opening Remarks | |
| | **Session 1: Inflammatory Arthritis & Beyond**<br>**Moderators: Dr. Batool Hasan & Dr. Farida Al Balushi** | |
| 08:30 – 09:00 | Rheumatoid Arthritis Management: From csDMARDs to bDMARDs & tsDMARDs | Dr. Razan Al Yaarubi, Oman |
| 09:00 – 09:30 | Psoriatic Arthritis (PsA) from Diagnosis to Management | Dr. Ghaydaa Aldabie, Kuwait |
| 09:30 – 09:40 | Q&A | |
| 09:40 – 10:10 | Industry Symposium | |
| 10:10 – 10:25 | Coffee Break | |
| | **Session 2: The Specialties Interface**<br>**Moderators: Dr. Tariq Al Araimi & Dr. Zakaria Al Esmaili** | |
| 10:25 – 10:55 | The GI–Rheumatology Interface: When to Worry about Inflammatory Bowel Disease (IBD) in Spondylarthritis (SpA) Patients | Dr. Ikram Nasr, Oman |
| 10:55 – 11:25 | The Ophthalmology–Rheumatology Interface (The Eye Looking Inside) | Dr. Majid Al Shaaibi, Oman |
| 11:25 – 11:55 | Rheumatic Diseases and the Skin: What Rheumatologists Need to Know | Dr. Nadya Al-Faraidi, KSA |
| 11:55 – 12:05 | Q&A | |
| 12:05 – 14:00 | Prayer & Lunch | |
| | **Session 3: Multidisciplinary Clinic in Rheumatology**<br>**Moderators: Dr. Nasra Al Adhobi & Dr. Ahmed Al Maqbali** | |
| 14:00 – 14:30 | The Neuro-Rheumatology Interface: When the Immune System Targets the Nervous System | Dr. Ahmed Al Saadi, Oman |
| 14:30 – 15:00 | Malignancy & Rheumatic Diseases | Dr. Abdallah Al Alawi, Oman |
| 15:00 – 15:40 | Treating the Unusual in Systemic Lupus Erythematosus (SLE)–Should We Use the Unusual Drugs? | Prof. Laurent Arnaud, France |
| 15:40 – 15:50 | Q&A | |
| 15:50 – 16:20 | Industry Symposium | |
| 16:20 – 16:40 | Poster Viewing & Coffee Break | |
| | **Session 4: Vasculitis & Connective Tissue Diseases (CTDs)**<br>**Moderators: Dr. Musallam Al Maashani, Dr. Aadil Al Ghafri & Dr. Razan Al Yaarubi** | |
| 16:40 – 17:10 | Takayasu Vasculitis: From Diagnosis to Management | Prof. Ömer Karadağ, Turkey |
| 17:10 – 17:40 | CTD-ILD: Pathway to Diagnosis and Management | Dr. Rajaie Namas, UAE |
| 17:40 – 18:10 | Updates in the Management of Behçet's Disease | Prof. Ömer Karadağ, Turkey |
| 18:10 – 18:20 | Q&A | |
| | **END OF DAY 2** | |

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DAY 2 | Friday | 18 December 2026

Parallel Session

# Pediatric Rheumatology

| | | |
|---|---|---|
| 08:00 | Registration | |
| 08:50 – 08:55 | Opening Remarks | |
| | **Session 1: Hyperinflammatory Syndromes**<br>**Moderators: Dr. Safiya Al Abrawi & Dr. Muna Al Mutairi** | |
| 09:00 - 09:45 | At the Crossroads of Inflammation: A Unified Approach to Hemophagocytic Lymphohistiocytosis (HLH) | Dr. Alyaa Al Mughairy, Oman |
| 09:45 - 10:15 | When Hyperinflammation Is an Inborn Error of Immunity | Dr. Amer Khojah, KSA |
| 10:15 - 10:35 | Macrophage Activation Syndrome (MAS) vs Sepsis vs Multisystem Inflammatory Syndrome in Children (MIS-C): How to Tell Them Apart | Dr. Eman Al Masroori, Oman |
| 10:35 - 10:40 | Q&A | |
| 10:40 - 10:55 | Coffee Break | |
| | **Session 2: Vasculitis**<br>**Moderators: Dr. Badriya Al Ghaithi & Dr. Ayesha Al Mheiri** | |
| 10:55 - 11:25 | When One Gene Changes Everything: Insights into Monogenic Vasculitis | Dr. Hanof Alkhdher, Kuwait |
| 11:25 - 11:50 | Vasculitis or Not? Lessons from Challenging Pediatric Cases | Dr. Dalila Al Julandani, Oman |
| 11:50 - 12:15 | When the Kidney Speaks First: Vasculitis Presenting with Renal Disease | Dr. Mohamed S Al Riyami, Oman |
| 12:15 - 12:20 | Q&A | |
| 12:20 – 14:00 | Prayer & Lunch | |
| | **Session 3: Cases in Rheumatology**<br>**Moderators: Dr. Reem Abdwani & Dr. Ayesha Al Mheiri** | |
| 14:00 - 14:30 | Interferonopathies and Janus Kinase Inhibitors (JAK): Precision Medicine in Action | Dr. Buthaina Al Adhaba, Qatar |
| 14:30 - 15:00 | From Clues to Diagnosis: Paediatric Rheumatology in Practice | Dr. Ruqaiya Al Jashmi, Oman |
| 15:00 - 15:05 | Q&A | |
| 15:05 - 15:15 | Coffee Break | |
| | **Session 4: Genetics/Metabolic**<br>**Moderators: Dr. Reem Abdwani & Dr. Bushra Al Shamsi** | |
| 15:15 - 15:40 | Rheumatologic Presentations as a Window to Hidden Genetic Disorders | Dr. Ghada Ahmed Otaify, Oman |
| 15:40 - 16:05 | When Myositis Is Not Inflammatory | Dr. Maria Al Bandari, Oman |
| 16:05 - 16:15 | Q&A | |
| | **End of Pediatric Track** | |

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DAY 3 | Saturday | 19 December 2026

# Adult & Pediatric Rheumatology

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|---|---|---|
| 08:00 | Registration | |
| | **Session 5: Pediatric Diseases and Beyond**<br>**Moderators: Dr. Samar Al-Emadi & Dr. Ruqaiya Al Jashmi** | |
| 09:00 – 09:40 | Juvenile Idiopathic Arthritis (JIA): A Focus on Management | Prof. A.V Ramanan, UK |
| 09:40 – 10:20 | Where Are We Heading in Lupus Management? | Prof. Laurent Arnaud, France |
| 10:20 – 10:30 | Q&A | |
| 10:30 – 11:00 | Industry Symposium | |
| 11:00 – 11:15 | Coffee Break | |
| | **Session 6: Connective Tissue Diseases (CTDs) in the Clinic**<br>**Moderators: Dr. Hanan Alrayes, Dr. Khoula Al Maqbali & Dr. Humaid Al Wahshi** | |
| 11:15 – 11:45 | Approach to Genetic Investigations in Rheumatology with Suspected Inborn Errors of Immunity (IEI) | Prof. Fayhan Al Roqi, KSA |
| 11:45 – 12:15 | Immune Dysregulation: Insights into the Pathogenesis of Connective Tissue Diseases (CTDs) | Dr. Shuayb El-Khalifa, UAE |
| 12:15 – 12:55 | Macrophage Activation Syndrome (MAS) & Cytokine Storm Syndrome (CSS): One Disease Spectrum or Distinct Conditions? (AVR) | Prof. A.V Ramanan, UK |
| 12:55 – 13:05 | Q&A | |
| 13:05 – 13:30 | Closing Remarks (Followed by Lunch) | |

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